



# VERMONT ZEN CENTER THIRD QUARTER 2019

SITTINGS: Monday–Friday 6-7 am; Tuesday & Thursday 6:45-8:30 pm; Sunday 9-11 am

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
Zen Center Closed						Sesshin Deadline
7 SANGHA PICNIC	8 FINDING YOUR SEAT	9	10	11 Sitting & Set up	12	13 Workshop
14 Teisho FLYNN GARDEN TOUR	15	16 Chanting	17	18	19	20
21 Teisho	22	23	24	25	26	27
Training Program at VZC (Sunday morning–Friday afternoon) AM & PM Zazen						Sesshin
28	29	30	31			
VT 7-Day Sesshin . . .						

AUGUST

				1	2	3
				. . . 7-Day Sesshin (7/27–8/3)		
4 Zen Center Closed	5 FINDING YOUR SEAT	6 Chanting	7	8	9	10 Workday for Ceremony
11 WATER BABY CEREMONY	12 Zen Center Closed	Yard Sale Workdays				17 Annual Yard & Bake Sale
18 Roshi Kapleau Teisho	19	20	21	22 Roshi in CR FAMINE RELIEF CEREMONY	23	24 CR Sesshin
25 Taped Teisho	26	27 Chanting	28 Metta 1	29	30	31
COSTA RICA 7-Day Sesshin (8/23–30)						

SEPTEMBER

1	2	3	4	5	6	7
Zen Center Closed			Metta 2	Set up for Garden Weekend	SANGHA GARDEN WORK WEEKEND	
8 GARDEN	9 FINDING YOUR SEAT	10	11 Metta 3	12	13	14 Workday for Ceremony
15 ORDINATION OF LOUISE PICHÉ	16 ZC Closed Tai Chi 1	17 Term Student 3 Begins	18 Metta 4	19 Sitting & Set up	20 October Deadline	21 Workshop Afternoon Workday
22 WORLD PEACE CEREMONY	23 Tai Chi 2	24 Term Student Meeting	25 Metta 5	26	27	28 Indian Cooking Course: Festive
29 BODHIDHARMA DAY	30 Tai Chi 3					