



# VERMONT ZEN CENTER SECOND QUARTER 2022

SITTINGS: Monday–Friday 6-7 am; Tuesday & Thursday 6:30-8:00 pm; Sunday 9-10:15 am

APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Jukai Workday <i>Sesshin Deadline</i>
3 JUKAI 	4 FINDING YOUR SEAT	5	6 Metta 4	7 Chanting	8	9
10 Sitting & Sesshin Set up	11	12 Sitting & Sesshin Set up	13 Metta 5	14 Sitting & Sesshin Set up	15	16
17	18	19	20	21	22	23
Vermont 7-Day Sesshin						
24 ZC Closed	25	26 Chanting	27 Metta 6	28	29	30

MAY

1 Teisho	2 FINDING YOUR SEAT	3	4	5 Chanting	6	7 Workday
8 Roshi Kapleau Memorial Service	9 ZC Closed	10 Chanting	11	12	13	14 Chaat Course
15 Teisho	16	17	18	19 Chanting	20	21 Sangha Garden Weekend
22 Gardening	23 ZC Closed	24 Chanting	25	26	27	28 Vesak Workday
29 VESAK 	30 ZC Closed	31				

JUNE

			1	2 Chanting	3	4
5 Teisho	6 FINDING YOUR SEAT	7	8	9 Famine Relief Ceremony	10	11 Flower Course <i>Retreat Deadline</i>
12 Taped Teisho	13	14	15	16 Jorge Quiros Memorial Service	17	18 Workshop
19 Retreat Set up	20	21 Sitting & Retreat Set up	22	23 Sitting & Retreat Set up	24	25 Retreat
26	27	28	28	30		
Vermont 5-Day Retreat						