



VERMONT ZEN CENTER THIRD QUARTER 2022

SITTINGS: Monday–Friday 6-7 am; Tuesday & Thursday 6:30-8:00 pm; Sunday 9-10:30 am

JULY

AUGUST

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Zen Center Closed	2 Zen Center Closed
3	4	5	6	7	8	9 Indian Cooking Course: Lunch
Zen Center Closed						SESSHIN DEADLINE
10 Teisho	11 FINDING YOUR SEAT	12 Chanting	13	14	15	16
17 SANGHA PICNIC	18	19	20	21 Chanting	22	23
24 Teisho	25	26	27	28	29	30
Training Program at VZC (Sunday morning–Friday afternoon) AM & PM Zazen						
31 Sesshin . . .						
	1	2	3	4	5	6
Vermont 7-Day Sesshin (7/30-8/6)						
7 Zen Center Closed	8 FINDING YOUR SEAT	9 FAMINE RELIEF CEREMONY	10	11 Sitting & Setup	12	13 Workshop
14 Teisho	15	16	17	18	19	20 Yard Sale
Yard Sale Preparation						
21 Roshi Kapleau Taped Teisho	22	23 Chanting	24	25	26	27
28 WATER BABY CEREMONY	29	30	31 Metta 1			
				1 TI'AN 2ND YEAR MEMORIAL	2	3 ZC Closed
4	5	6	7 Metta 2	8 Set up	9	10 SANGHA GARDEN WORK WEEKEND
Zen Center Closed 9/3-6						
11 GARDEN	12 FINDING YOUR SEAT ZC Closed	13 TERM STUDENT PROGRAM BEGINS	14 Metta 3	15	16	17 Indian Cooking Course: Wkend Workday
18 WORLD PEACE CEREMONY	19	20 TS Meeting	21 Metta 4	22	23	24
25 Teisho	26	27 TS Meeting TS1 Ends	28 Metta 5	29	30 Jataka Deadline	