



VERMONT ZEN CENTER THIRD QUARTER 2023

SITTINGS: Monday–Friday 6-7 am; Tuesday & Thursday 6:30-8:00 pm; Sunday 9-11 am

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 ZC Closed
2	3 Zen Center Closed	4	5	6	7	8 Sesshin Deadline
9 Teisho	10 FINDING YOUR SEAT	11 FAMINE RELIEF CEREMONY	12	13	14	15 Indian Cooking Course: Wkend
16 Sangha Picnic	17	18	19	20 Chanting	21	22
23 Lay Ordination	24	25	26	27	28	29 Sesshin
Training Program at VZC (Sunday morning–Friday afternoon) AM & PM Zazen						
30 VT 7-Day Sesshin	31					

AUGUST

		1	2	3	4	5 VERMONT 7-Day Sesshin: July 29 – August 5
6 Zen Center Closed	7 FINDING YOUR SEAT	8	9	10 Sitting & Set up	11	12 Workshop Work afternoon for Ceremony
13 WATER BABY CEREMONY	14 Zen Center Closed	15–18 Sangha Workdays for Yard Sale				19 Annual Yard & Bake Sale
20 Roshi Kapleau Teisho	21 ZC CLOSED	22	23	24 Chanting	25	26
27 Taped Teisho	28	29	30	31 TI'AN 3RD YEAR MEMORIAL		

SEPTEMBER

					1 Zen Center Closed	2
3	4	5	6 Metta 1	7	8	9 SANGHA GARDEN WORK WEEKEND
10 GARDEN	11 FINDING YOUR SEAT ZC Closed	12 Term Student Begins	13 Metta 2	14 Sitting & Ceremony Set up	15 October Deadline	16 Flower Course
17 WORLD PEACE CEREMONY	18	19 Term Student Meeting	20 Metta 3	21	22	23
24 Teisho	25	26 TS Mtg TS 1 Ends	27 Metta 4	28	29	30 Indian Cooking Course: Festive